

Chicken Enchilada Soup





Recipe details



Yield

8 Servings



Time spent

Prep time: 10 Minutes | Cook time: 5 Hours | Total time: 5 Hours 10 Minutes

Ingredients

SOUP

- ___ 1/2 c chopped onion
- 3 cloves garlic
- 8 oz tomato sauce
- 2 diced jalapeños or chiles
- 1 14oz can diced tomato
- 1 can black beans, drained and rinsed
- 3 c chicken broth

1/4 c chopped cilantro
2 tsp cumin
1/2 tsp oregano
1 lb chicken breast
Salt and Pepper to taste
2 c frozen corn
TOPPINGS
Chopped cilantro
Sour cream
Mexican or Cheddar cheese
Avacado, sliced
Green onions, chopped
Instructions
Sauté and cook the onion and garlic, until browned about 4 minutes.
Add remaining soup ingredients into the slow cooker and set on Low for 4-6 hours
3 Shred chicken and serve immediately with toppings of your choice!
Tips
The leftovers make an excellent freezer meal! Just pour into a ziplock bag and freeze for up to
Canned chicken breast is an easy way to make this faster, since the chicken is already cooked and cook on High for 1 hour.

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